

Why choose Health New Zealand South Canterbury?

Timaru is centrally located on the East Coast of the South Island. The city offers an easygoing and laidback lifestyle, with friendly groups that welcome newcomers to the community, fantastic cafes, and access to the mountains, sea, and lakes.

Caroline Bay, located steps away from the city centre, is one of NZ's best beaches and the most popular outdoor events centre in South Canterbury. It is also the home to cute little penguin/kororā. From whānau fun, outdoor adventure to wining and dining, and watching cute little penguins come ashore, you'll find everything here.

Affordable housing, free parking at the hospital, and traffic-free commute are another bonuses. Staff at Health New Zealand also have access to our Tekapo huts and discounted gym memberships.

There are many study and professional development options available for staff

Health New Zealand South Canterbury also offers a midwifery programme, supported by trained coaches and the Learning Hub.

ARA Canterbury provide a Bachelor of Nursing and with the Timaru campus as a partner facility. A local cohort is run every year. ARA Timaru also provides pre-health courses.

Post graduate qualifications for NESP

At Health New Zealand South Canterbury, you can access a range of learning and development opportunity supported by our experienced and qualified staff.

Health New Zealand South Canterbury Learning Hub
Monday – Friday; 8am – 4.30pm
learninghub@scdhb.health.nz
Reception: (03) 687 2344

Te Whatu Ora
Health New Zealand

Graduate opportunities

South Canterbury



Health New Zealand South Canterbury provides an excellent platform for Graduates Nurses to build their careers

We provide the Support First Year Practice (SFYP) for Registered and Enrolled Nurses, Midwifery and Mental Health (NESP)

Support First Year Practice (RN & EN graduates)

SFYP is based around 2 intakes (August and Dec/Jan each year). Positions are also considered with vacancy throughout the year.

Both transitions run over 52 weeks.

80hrs clinical supportive education is provided.

Positions usually available in the January intake are:

- Two to three in Surgical
- Two in Medical
- One each in:
 - AT&R
 - ICU
 - Bidwill Trust Hospital
 - District Nursing
 - ED
 - Paediatrics
 - Day Patients Services
- One to two in:
 - Primary Health Care
 - NESP (Nurse Entry Specialist Practice)
 - +/- Aged Care Facility placements.

The midyear intake vacancies in August are usually:

- Two each in:
 - Surgical
 - Medical.
- One in ATR and any other area that requires recruitment
- Any other vacancy based positions

Nurse Entry to Specialty (NESP)

South Canterbury are normally able to offer two – three positions. These positions are open for all professionals entering mental health, supported by the graduate coordinator and programme provider (Otago University).

Support is provided by the education provider (Southern), financially from Auckland and on the ground in South Canterbury by the department management/ preceptors and Learning Hub.

What support is offered in South Canterbury?

Support provided to graduates in South Canterbury includes:

- Graduate Coordinator
- Occupational nurse support
- Reflection/ Debriefing sessions
- Support finding accommodation
- ARA courses for specific specialties
- Supportive clinical environments
- Culture based around our VALUES
- Study days

